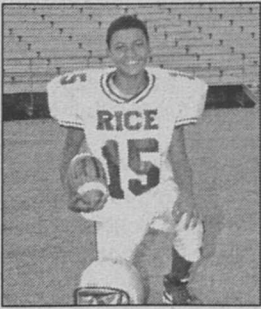
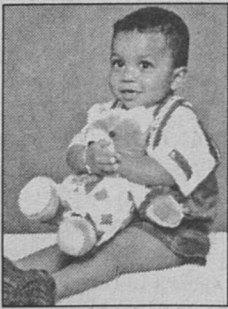


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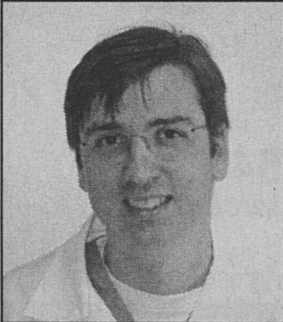
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Treatments for Reflux Disease

Gastroesophageal reflux disease (GERD) is an abnormal reflux of stomach contents into the esophagus. Heartburn is a symptom of GERD. Chest pain, hoarseness, and cough also may be associated. Symptoms typically occur after meals, and may be made worse by eating a large, high-fat meal.

Treatments for GERD are available to alleviate symptoms. Proton pump inhibitors (PPI's), such as omeprazole (*Prilosec*) and esomeprazole (*Nexium*), work to relieve symptoms by suppressing gastric acid secretion. Histamine-2 receptor antagonists (H2RA's), such as cimetidine (*Tagamet*) and ranitidine (*Zantac*), also suppress gastric acid secretion by blocking histamine-2 receptors on gastric cells. These medications are available both over-the-counter and with a prescription. Antacids, such as magnesium hydroxide (*milk of magnesia*) and aluminum hydroxide (*Amphogel*), work to neutralize gastric acid and to increase the alkalinity of the stomach. *Gaviscon* (alginic acid/aluminum hydroxide/magnesium hydroxide) contains antacids and an absorbent that protects the esophagus from gastric reflux. Certain nondrug changes in lifestyle can also be useful in alleviating symptoms, including elevating the head of the bed, reducing fat intake, eating smaller meals, and quitting smoking.



Dermatology Services Provided At Rice Medical Center Specialty Clinic

Dr. Adam J. Czelusta attended Rice University and received his medical degree from the University of Texas Medical Branch at Galveston where he graduated second in his class. After completing the competitive transitional internship at CHRISTUS - St. Joseph Hospital in Houston, Dr. Czelusta went on to the University of Texas Health Science Center and M.D. Anderson Cancer Center for his dermatology residency. He is a diplomate of the American Board of Dermatology and a member of the American Academy of Dermatology. Dr. Czelusta has published articles in numerous medical journals including the Journal of the American Academy of Dermatology, the Archives of Dermatology, Dermatology, Cutis, Skin and Aging, and BioDrugs. Dr. Czelusta is available At Rice Medical Center's Specialty Clinic the first Friday of every month. For an appointment with Dr. Czelusta, call 979-234-5571, extension 5205.

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GREATER TEXAS STAR BAPTIST CHURCH: 580 Old Altair Road, Eagle Lake; Rev. Truman Scott Sr., Pastor; 234-2423 or 758-3745.

GREATER UNION BAPTIST CHURCH: Matthews Community; Co. Rd 141; Rev. Lawrence C. Robertson, Pastor; 234-2581.

MT. CARMEL MISSIONARY BAPTIST CHURCH: Hwy. 90-A (Pecan Valley), Eagle Lake; Rev. H.O. Williams, Pastor; 234-5813.

LIVING HOPE CHURCH: Eagle Lake; Revs. Joe and Mercy Fling; 234-5536.

BEREA CLADIC: 623 Maple Avenue, Eagle Lake; 234-2130.

ROCK ISLAND FULL GOSPEL: P.O. Box 232, Rock Island; 234-5840.

CHRISTIAN CITY FELLOWSHIP: 1140 Meyer, Sealy; Rusty Griffin, Pastor.

THE DAY OF PENTECOST APOSTOLISTIC REVIVAL RISING STAR: FM 102 South, Matthews; 4 p.m. (at Mt. Zion), Rev. R.L. Carter Sr.

GREATER NEW FAITH CHURCH: 6406 Guylar, Wallis; Rev. Clay Spears, Pastor; 979-478-2169.

EAST BERNARD FIRST BAPTIST

FIRST BAPTIST: 527 N. Lake, Eagle Lake; Rev. Kevin Collision, Pastor; 234-2571.

FRIENDSHIP BAPTIST: 405 S. Lake, Eagle Lake; 234-5795.

IGLESIA BAUTISTA GETSEMANI: 901 B Street, Eagle Lake; Rev. Mario Vasquez.

GREATER MT. OLIVE BAPTIST: Rev. Dave Curry; 709 N. Lake, Eagle Lake; 234-3545.

WRIGHT GROVE BAPTIST: Rev. T.J. Cunningham Jr.; Altair.

PROVIDENCE BAPTIST: 1207 Seaborn, Eagle Lake; Rev. Coby Shorter Jr., 234-3735.

CHRIST EPISCOPAL CHURCH: 306 E. Stockbridge, Eagle Lake, 234-3437.

ROCK ISLAND BAPTIST: Bob Allison, Pastor.

SHERIDAN FIRST BAPTIST: FM 2437, 234-3136.

WHITE CLOUD BAPTIST CHURCH: 202 Old Altair Road, Eagle Lake; Rev. Obie Rhodes, Pastor; 234-3800.

JESUS IS MY REFUGE: 115 N. McCarty, Eagle Lake; Rev. Diana Aguilera.

CHURCH OF CHRIST: Sheridan.

NEW LIFE FELLOWSHIP: Hwy. 90A, Sheridan; Del Sanford, Pastor; 234-3276.

CHRIST OUR REDEEMER-Charismatic: Jerry C. McKinney, Pastor; 979-478-7534 or 478-6512.

HOLY CROSS CATHOLIC CHURCH: East Bernard.

CATHOLIC PARISH OF THE NATIVITY: Our Lady of Perpetual Help Sanctuary; 308 N. Stevenson, Eagle Lake; 8 a.m. (Español), 10 a.m. (English) 6 p.m. Saturday (English), Rev. Robert F. Guerra, P.O. Box 307; 234-2842.

ST. MARY'S CATHOLIC CHURCH: Box 97, Nada; Fr. Joe Vrana; 758-3218.

GRACE LUTHERAN: 408 N. Stevenson, Eagle Lake; Services begin at 11 a.m.; Rev. Bill Mosley, Pastor; 234-3381.

LEHRER MEMORIAL UNITED METHODIST: Garwood; 9 a.m. worship.

LISSIE UNITED METHODIST: Rev. Janice Kerlee, Pastor; 234-2112, Lissie.

ROCK ISLAND METHODIST: Ken Sellar Jr. Lay-Pastor.

UNITED METHODIST: 200 W. Prairie; Sunday School 9:30 a.m., Worship, 10:45 a.m.

FIRST PRESBYTERIAN: 106 E. State Street, Eagle Lake; 234-3368.

VINE OF THE LORD: 1300 E. State Street, Eagle Lake; Rev. Paul Aguilar, Pastor; 234-7543.

CROSSROAD ASSEMBLY OF GOD: 510 Wallace, East Bernard; Pastor George Kutach; 979-335-7706.

THE CHURCH OF CHRIST OF LATTER-DAY SAINTS: 600 W. St., Sealy; Marshall Crosby, Branch Pres.

CHURCH OF CHRIST: 815 Milam, Columbus; Lynn Wilson, Minister.

THE SHEPHERD'S WAY: Interdenominational Christian Fellowship; 1225 Eagle Lake Road, Sealy; Frank Lucas, Pastor; 979-885-1225.

SOUTH POINT BAPTIST CHURCH: 6407 Hwy 71-S, Garwood; 979-758-3039.

BIBLE TRUTH APOSTOLIC CHURCH: Corner of S. Wharton & E. First St., El Campo; Pastor Larry T. Smith, 979-543-2331 -non-denominational.

MT. SINAI EVANGELICAL MINISTRIES: 510 Prairie St., Eagle Lake, Rev. Thomas E. Kuykendall, pastor/founder, 979-234-3259

Rotary Club Reports On Meeting

The Rotary Club of Eagle Lake held their monthly committee and board meeting on Wednesday November 4, at 7:15 a.m.

Apparently the coffee has gotten much better as there were no complaints.

Reports were given by the Treasurer and all committee members.

Judge George Cason reported that once again the local Polio Plus campaign garnered 100% participation with all members making a financial contribution to the effort to wipe out polio worldwide.

Co-Chairs Jane Meldahl and Dr. John Myres reported on the Goose Hunting Capital of the World Putting Championship Golf Tournament.

Saying the name takes longer than the event did. The tournament was a great deal of fun.

Meldahl and Myres, with the help of Ronnie Sedgewick devised the tournament in such a manner that one need not be a golfer to participate.

In fact, the club president's wife who had never been on a golf course in her life almost won the tournament.

The club president should have been declared the winner as he had the highest score.

However, Clifton George won after a putt-off with Jane Meldahl. Plans are already underway to have another tournament in early spring.

Hopefully, that one will be better rigged so a Rotarian can win.

The board discussed scholarships and other matters.

The Rotary Club of Eagle Lake now extends an open invitation to the citizens of Eagle Lake to join them for coffee and pastries at 7 a.m. on Wednesdays at the Community Center.

An RSVP to eaglelakerotary@hughes.net would be appreciated and insure the availability of enough coffee and pastries.

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Obituaries

Audrey Adams Dupre 1916-2009

Audrey Adams Dupre, 93, of Sheridan, passed away on Monday, November 9, in Hallettsville.

Audrey was born on October 31, 1916, in a small shotgun house in Samstown, Louisiana, the first of 10 children born to Lawrence Adams and Agnes Hebert Adams.

She will be remembered by family and friends for her remarkable memory concerning facts about family, friends, birthdays, deaths, towns where she lived, and places where she visited.

She was a devoted mother, grandmother, and great-grandmother and loved to be with all of her family, reminiscing, telling stories, laughing, and having fun. She especially loved times in the family when there were new babies.

Audrey was always interested in what was happening in the world and was always up to date on current events and trends because she had always "just read an article." The bus trips with her friends, Teel Blanchard and Mary Dunn, brought her great enjoyment, and for many years, Thursday of each week was devoted to a 42 party with her friends.

During the 1940's, Audrey, her husband, and sons lived in many places in Louisiana and Texas as a result of her husband's employment with Shell Oil Company. Living in small apartments, "tourist courts", and with family on occasion was difficult, but Audrey was always up to the challenge. The moving around finally came to an end, and in 1950 the family made their last move and made Sheridan, their permanent home.

Audrey is survived by her sons, Warren C. Dupre Jr., and Wayne L. Dupre and wife, Natalie of Sheridan; grandchildren, Mark Dupre and wife, Kim of New Braunfels, Michael Dupre of Baltimore, Maryland, Matthew Dupre and wife, Ashley of Spring, Byron J. Dupre and wife, Julie of Austin, and Lara Dupre Sudik and husband, James of Port Lavaca; great-grandchildren, April Dupre, Hannah Dupre, Taylor Dupre, Tristan Dupre, Scarlett Dupre, Story Sudik and Aston Sudik; brother, L.G. "Sonny" Adams and wife, Bitsy; sisters, Norma Doiron, Connie Cardinal and Betty Richard of White Castle, Louisiana; and Willia LaRue of LaPorte; brother-in-law, Robert "Buck" Suarez of White Castle; cousins; and many nieces and nephews.

Audrey was preceded in death by her husband, W.C. Dupre, Sr.; parents, Lawrence and Agnes H. Adams; sisters, Sybil Comeaux, Lorraine Suarez, Faye Strayhorn; and baby sister, Calvin Elizabeth Adams.

Visitation will be held starting at 2 p.m., Thursday, November 12 at Kubena Funeral Home in Hallettsville.

Graveside services will be held at 4 p.m., Friday, November 13 at Cheatham Cemetery in Sheridan.

Officiating at the graveside service will be Rev. John Peters of Sacred Heart Catholic Church and Rev. Lundy Hooten of First United Methodist Church of Hallettsville.

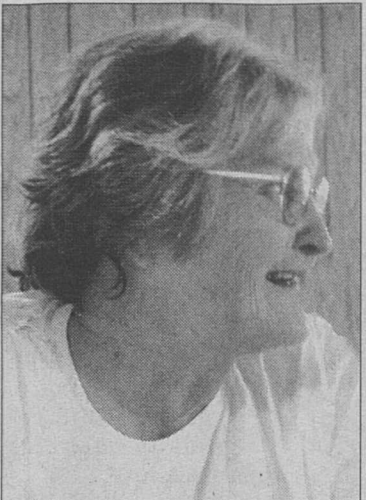
lettsville.

Pallbearers scheduled are Mark Dupre, Michael Dupre, Matthew Dupre, B.J. Dupre, James Sudik, and Bo Vavrusa.

In lieu of flowers the family requests that memorials be given to the Sheridan Memorial Library or Hospice of South Texas.

Words of comfort maybe shared with the family at www.kubenefuneralhome.com.

Sympathy is extended to the family in their loss.



Judith Kay Perry Pesnell 1941-2009

Judith Kay Perry Pesnell of Eagle Lake passed away Tuesday November 3, at the age of 68.

She was born October 21, 1941 to Buck and Ruby Perry of Mathews.

Judi attended school in Garwood and graduated from Eagle Lake High School in 1959.

She married Carl Pesnell on March 27, 1961. To this marriage the couple was blessed with three sons.

Judi was an LVN, and devoted homemaker and mother. Throughout her 48 years as an LVN Judi touched many lives. She is a life long member of the First Presbyterian Church of Eagle Lake.

Her favorite past time activities included gardening, reading and shopping antique shows, but mostly she enjoyed her time with friends, family and her boys.

Judi is preceded in death by her parents; brothers, Sidney, John and Tommy Perry; sisters, Marion Autry and June Perry; father-in-law, Robert Lee Pesnell.

Survivors include husband, Carl Pesnell; sons, Jeff Pesnell of New Ulm, Keith Pesnell of Brazoria and Stephen Pesnell of Eagle Lake; mother-in-law, Zena Mae Pesnell of El Dorado, Arkansas; sisters, Margie Tate and husband, Frank of Mathews, Helen Caperton of Moody, Linda Swoboda and husband, Marvin of Nada, Carol Munsch and husband, Johnny of Shiner; brothers, R.C. Perry and wife, Rose Marie Perry of Columbus and Kenneth Perry of Rock Island; brother-in-law, Roy Autry of Victoria; and numerous nieces and nephews.

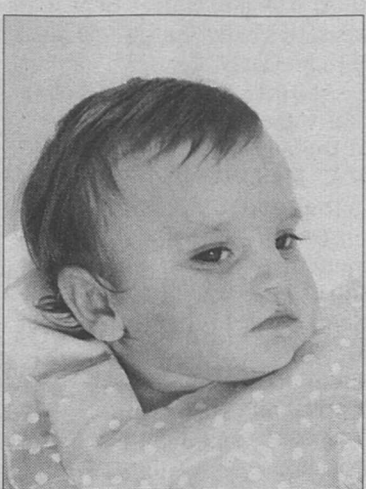
Memorial services were held on Tuesday, November 10 at 10 a.m. at Eagle Lake Funeral Home with Pastor Don Storey, Sr. officiating.

At the request of the family, memorial donations may be made in memory of Judi to Houston Hospice of El Campo, 1102 North Mechanic, El Campo, Texas 77437, www.hospicehouston.org.

The family wishes to express

their appreciation for the outpouring of support from friends and family.

Sympathy is extended to the family in their loss.



Brylynn Michelle Semora 2008-2009

Brylynn Michelle Semora, 18 months old, of Eagle Lake passed away November 3.

She was born April 21, 2008 in Wharton, the daughter of Brian Semora and Misty Byrum.

Brylynn was preceded in death by her great-grandparents, Bill and Gladys Semora and great-grandfather, Tommy Holland.

Survivors include her mother, Misty Byrum of Needville; father and stepmother, Brian and Kathy Semora of Eagle Lake; grandparents, Bobby and Mary Semora of Eagle Lake, Karen and Russell Carter of Needville, Larry and Ginger Byrum of Waller; great-grandparents, Elsie Kelley of Columbus, Joann Oehlke of Rosenberg and Ed Byrum of Dallas; half sisters, Taylor Semora and Kelsey Semora of Eagle Lake; half brothers, Justin Semora of Eagle Lake and Tanner Byrum of Needville; and numerous aunts, uncles, cousins and friends whose life she touched.

Visitation was held Friday, November 6 from 4 to 8 p.m.

Funeral services were held Saturday, November 7 at 11 a.m. from Eagle Lake Funeral Home with Rev. Ralph Morgan officiating. Burial followed at Lakeside Mausoleum Cemetery in Eagle Lake.

Pallbearers were Laramie Byrum, Jeremy Byrum, Charles Woolman, Jason Herrin, Brian Bell and John McDonald, Jr.

Sympathy is extended to the family in their loss.

The Eagle Lake Community Sing-A-Long

The Eagle Lake Chamber of Commerce would like to invite the community to participate in the first Eagle Lake Community "Spirit of Christmas" Sing-A-Long.

The Eagle Lake Community "Spirit of Christmas" Sing-A-Long will be lead by Chamber Director, Mary Parr.

Ms. Parr has previous experience in working with children, youth and adult choirs and is excited to have the opportunity to have a fun time celebrating this time of year with you in song.

Whether you are young, old, rich or poor, need to sit or want to stand, think you can sing or know that you can't, live in or outside of town, anyone and everyone is welcome.

The "Sing-A-Long Group" will be singing at the entrance of the Chamber's "Christmas Mall" on Saturday, December 12 at 10 a.m. when the doors open.

If the group is interested, all can reconvene to sing before and/or after the parade and also go caroling throughout Eagle Lake

before the Christmas holiday.

Practice sessions will be held at the Chamber office, located at 303 East Main Street, three separate times during the week to allow flexibility of those who may have scheduling conflicts and want to participate.

Individuals are only asked to attend the practice time that fits their schedule.

They are not required to come to all three practices.

Practices are:

Tuesday's (Nov. 10, 17, 24, Dec. 1, 8) at 2 p.m.

Thursdays (Nov. 12, 19, Dec. 3) at 7 p.m.

Sundays (Nov. 15, 22, 29, Dec. 6) at 2 p.m.

There will be a final practice for everyone involved on Thursday, December 10 at 7 p.m.

For more information or to sign-up to sing, please call, visit or email the Chamber of Commerce, 303 East Main Street, Eagle Lake, Texas 77434, 979-234-2780 or info@VisitEagleLake.com.

More information can be found at www.VisitEagleLake.com.

Bible Verse of The Week

I will declare that your love stands firm forever, that you established your faithfulness in heaven itself.

Psalms 89:2
Submitted by Donna Samora

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A come as you are Church.

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